

STUDENT
LIFE

Accessibility
Services

WE HELP REMOVE BARRIERS.

Events & programming calendar

January – April 2025



 **GENERAL****Access Us Peer Mentorship Program
(hosted by UTSG)**

Variable Dates – register online through UTSG website

Peer Advisor Drop-Ins (hosted by UTSG)

Mondays and Fridays, 12 p.m. – 4 p.m.

Online only through studentlife.utoronto.ca/as

Tuesdays to Thursdays, 12 p.m. – 4 p.m.

In Person at 455 Spadina Ave, Suite 400

and online studentlife.utoronto.ca/as

**Peer Mentor Learning Community
One-on-One Mentoring (hosted by UTM)**

Variable Dates – register online through UTM website

**Peer Mentor Learning Community Peer
Mentor Drop-In Sessions (hosted by UTM)**

Variable Dates – drop-in information available through UTM website

 **ACADEMIC AND LEARNING****Accessibility Grad Writing Group
(hosted by UTSG)**

Weekly, Thursdays, 10:30 a.m. – 1 p.m.

**Accessibility Grad Productivity Group:
Actually Work From Home! (hosted by UTSG)**

Weekly, Mondays, 10:30 a.m. – 12:30 p.m.

Weekly, Tuesdays, 1:30 p.m. – 3:30 p.m.

**Accessibility Grad Productivity Group:
Actually Work From Home! (hosted by UTSG)**

Weekly, Mondays, 10:30 a.m. – 12:30 p.m.

Weekly, Tuesdays, 1:30 p.m. – 3:30 p.m.

ADHD Study Hubs (hosted by UTSG)

Wednesday, January 22, 3:00 p.m. – 4:30 p.m.

Wednesday, February 5, 3:00 p.m. – 4:30 p.m.

Wednesday, February 19, 3:00 p.m. – 4:30 p.m.

Wednesday, March 5, 3:00 p.m. – 4:30 p.m.

Wednesday, March 19, 3:00 p.m. – 4:30 p.m.

**Group Learning Strategy Sessions
(hosted by UTSG)**

Friday, January 10 at 11 a.m.:

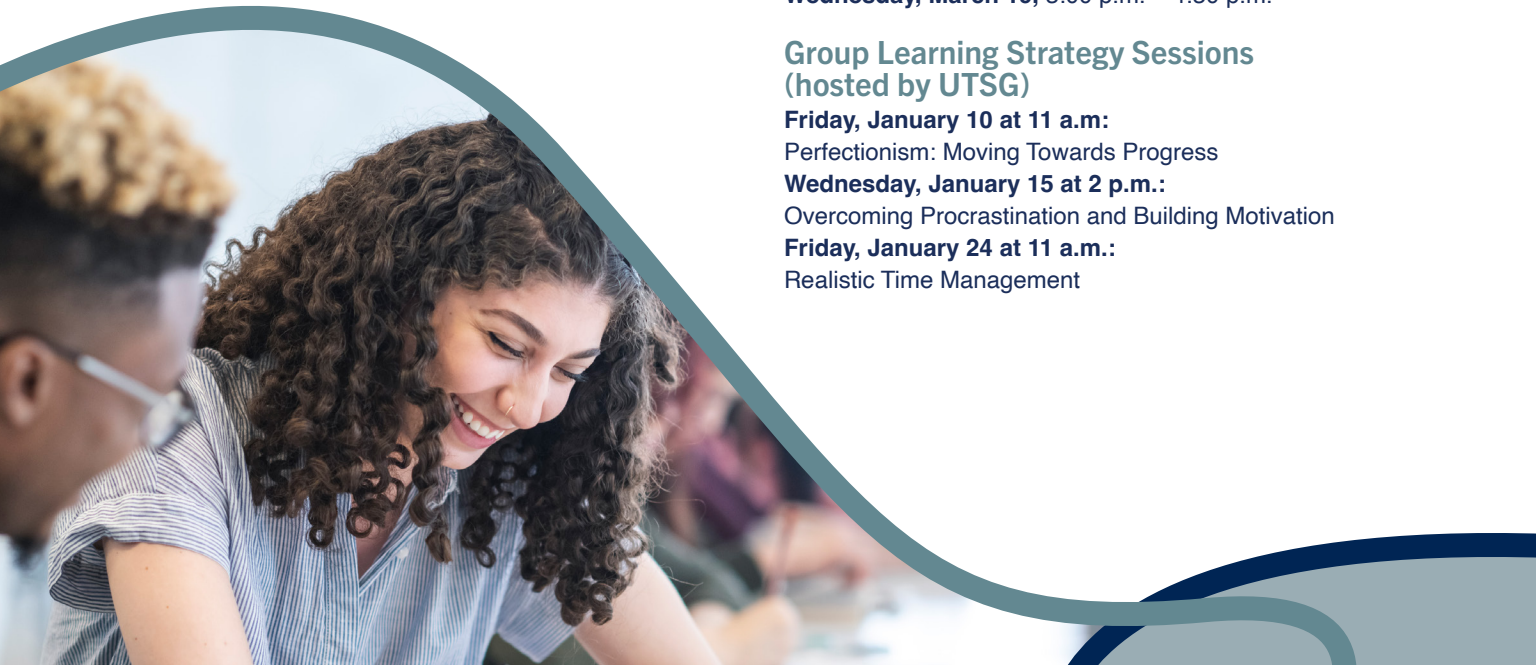
Perfectionism: Moving Towards Progress

Wednesday, January 15 at 2 p.m.:

Overcoming Procrastination and Building Motivation

Friday, January 24 at 11 a.m.:

Realistic Time Management



Wednesday, January 29 at 11 a.m.:

Perfectionism: Moving Towards Progress

Friday, February 7 at 11 a.m.:

Overcoming Procrastination and Building Motivation

Wednesday, February 12 at 11 a.m.:

Realistic Time Management

Friday, February 21:

Perfectionism: Moving Towards Progress

Wednesday, February 26 at 11 a.m.:

Overcoming Procrastination and Building Motivation

Friday, March 7 at 11 a.m.:

Realistic Time Management

Wednesday, March 12 at 2 p.m.:

Perfectionism: Moving Towards Progress

Friday, March 21 at 11 a.m.:

Overcoming Procrastination and Building Motivation

Wednesday, March 26:

Realistic Time Management

Friday, April 4 at 11 a.m.:

Perfectionism: Moving Towards Progress

Wednesday, April 9 at 2 p.m.:

Overcoming Procrastination and Building Motivation

**Peer Mentor Learning Community
Study & Art Café (hosted by UTM)**

Variable Dates – registration and drop-in information
online through UTM website

**Virtual Accountability Check-Ins
(hosted by UTSG)**

Weekly, Mondays 12:00 p.m. – 12:30 p.m. &
Fridays 3:00 p.m. – 3:30 p.m.

 **LEARNING SKILLS WORKSHOPS**

**Burnout Prevention and Routines
for Resilience (hosted by UTSG)**

Thursday, January 30, 2:30 p.m. – 3:30 p.m.

Tuesday, February 11, 3:00 p.m. – 4:00 p.m.

Effective Reading Strategies (hosted by UTSG)

Thursday, January 9, 2:30 p.m. – 3:30 p.m.

Wednesday, March 11, 11:00 a.m. – 12:00 p.m.

Kurzweil3000 Refresher (hosted by UTSC)

Wednesday, February 12, 3:00 p.m.

**Level Up Your Learning: Game-based
study tips (hosted by UTSG)**

Monday, February 10, 2:30 p.m. – 3:30 p.m.

Tuesday, March 11, 1:30 p.m. – 2:30 p.m.

**Memory Strategies for Tests and Exams
(hosted by UTSG)**

Thursday, February 13, 11:00 a.m. – 12:00 p.m.

Monday, March 24, 1:30 p.m. – 2:30 p.m.

Wednesday, April 2, 12:00 p.m. – 1:00 p.m.

Note Taking (hosted by UTSC)

Thursday, January 23, 3:00 p.m.

**Peer Mentor Learning Community
Workshops (hosted by UTM)**

Variable Dates – please see UTM website below

**Preparing for In-Person Tests and Exams
(hosted by UTSG)**

Wednesday, February 12, 12:00 p.m. – 1:00 p.m.

Thursday, March 27, 2:30 p.m. – 3:30 p.m.

Friday, April 4, 11:00 a.m. – 12:00 p.m.

Public Speaking: Effective Communication & Presentation Skills (hosted by UTSG)

Tuesday, March 4, 2:00 p.m. – 3:30 p.m.

Thursday, March 13, 2:00 p.m. – 3:30 p.m.

Skill-Based Notetaking (hosted by UTSG)

Friday, January 10, 2:00 p.m. – 3:00 p.m.

Tuesday, January 14, 2:00 p.m. – 3:00 p.m.

Thursday, February 27, 1:00 p.m. – 2:00 p.m.

Self-Advocacy Workshop: Navigating Family, Religious, and Disability-Related Accommodations (hosted by UTSG)

Wednesday, January 15, 12:00 p.m. – 1:00 p.m.

Time Management Workshop (hosted by UTSG)

Thursday, January 16, 3:00 p.m.

Tuesday, March 11, 3:00 p.m.

Using Reading Week Effectively (hosted by UTSG)

Thursday, February 13, 11:00 a.m. – 12:00 p.m.

Tuesday, February 18, 11:00 a.m. – 12:00 p.m.

Why Can't I Focus? (hosted by UTSG)

Wednesday, February 19, 9:00 a.m. – 1:00 p.m.



CAREERS EVENTS

Career Pathways for Neurodivergent Students (hosted by UTSG)

Tuesdays, January 28 to March 4,

11:00 a.m. – 1:00 p.m.

Disclosure and Accommodation in the Workplace

Friday, January 24, 12:00 p.m. – 1:30 p.m.



CONNECTING AND COMMUNITY

AccessAbility Services Student Socials (hosted by UTSC)

Wednesday, January 22, 5:00 p.m. – 6:30 p.m.

Wednesday, February 19, 5:00 p.m. – 6:30 p.m.

Wednesday, March 12, 5:00 p.m. – 6:30 p.m.

Wednesday, April 2, 5:00 p.m. – 6:30 p.m.

ADHD Peer Connections (hosted by UTSG)

Tuesday, January 21, 3:00 p.m. – 4:30 p.m.

Tuesday, February 18, 3:00 p.m. – 4:30 p.m.

Tuesday, March 18, 3:00 p.m. – 4:30 p.m.

ASD Peer Connections for Women & Trans Students (hosted by UTSG)

Wednesday, January 15, 10:30 a.m. – 11:30 a.m.

Wednesday, January 29, 10:30 a.m. – 11:30 a.m.

Wednesday, February 12, 10:30 a.m. – 11:30 a.m.

Wednesday, February 26, 10:30 a.m. – 11:30 a.m.

Wednesday, March 12, 10:30 a.m. – 11:30 a.m.

Wednesday, March 26, 10:30 a.m. – 11:30 a.m.

Dragon's Den: Video and Board Games Club (hosted by UTSG)

Friday, January 10, 12:30 p.m. – 2:00 p.m.

Friday, February 14, 12:30 p.m. – 2:00 p.m.

Friday, March 14, 12:30 p.m. – 2:00 p.m.

Friday, April 11, 12:30 p.m. – 2:00 p.m.

Queer Connections (hosted by UTSG)

Friday, January 24, 1:00 p.m. – 3:00 p.m.

Friday, February 14, 1:00 p.m. – 3:00 p.m.

Friday, March 21, 1:00 p.m. – 3:00 p.m.

Social Connections (hosted by UTM)

Thursday, February 27, 2:00 p.m. – 3:00 p.m.

Thursday, March 6, 2:00 p.m. – 3:00 p.m.

Thursday, March 20, 2:00 p.m. – 3:00 p.m.

Thursday, March 27, 2:00 p.m. – 3:00 p.m.

SASA (Social Association for Students with ASD) (hosted by UTSG)

Friday, January 24, 1:00 p.m. – 2:30 p.m. (Online)

Friday, January 31, 1:00 p.m. – 2:30 p.m. (In Person)

Friday, February 21, 1:00 p.m. – 2:30 p.m. (Online)

Friday, February 28, 1:00 p.m. – 2:30 p.m. (In Person)

Friday, March 21, 1:00 p.m. – 2:30 p.m. (Online)

Friday, March 28, 1:00 p.m. – 2:30 p.m. (In Person)



SPECIAL EVENTS

From Access to Advocacy: Black Disabled Experiences in the Healthcare System (hosted by UTSG)

Friday, February 28

**For more details, event descriptions,
and registration information, please visit:**

Folio Events: folio.utoronto.ca/students/events

UTSG: studentlife.utoronto.ca/departments/accessibility-services

UTM: utm.utoronto.ca/accessibility/future-students/peer-mentor-learning-community

UTSC: utsc.utoronto.ca/ability/upcoming-events



**STUDENT
LIFE**

**Accessibility
Services**

Welcome to Accessibility Services! We provide a range of programming to support learning, problem-solving & inclusion. Meet with learning strategists, accessibility advisors & upper-year peers registered with our office. Dates and times are subject to change, so please visit our website for current information: accessibility.utoronto.ca

CONTACT INFORMATION

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