



# MENTORSHIP FOUNDATIONS

## THE MENTORING ROLE

### Instructions for Completion.

- This brief exercise introduces the participants to Mentorship and Peer Programs and the scope of a peer mentoring relationship.
- This should take you approximately 30 minutes to complete.
- Feel free to use the space below to take notes.

### Asynchronous Workshop Details.

1. Read [emeraldgroupublishing.com/archived/learning/study\\_skills/life/peer\\_mentor.htm](http://emeraldgroupublishing.com/archived/learning/study_skills/life/peer_mentor.htm)
2. Answer the exercise questions:
  - a. Why might a U of T student want/need a Peer Mentor?
  - b. What three components define a mentoring relationship?
  - c. In your opinion what qualities/characteristics make an effective peer mentor?
  - d. What is an experience you have had as a student that you feel might be helpful to share with your Mentee?

### Additional Resources:

[mentoringpittsburgh.org/media/W1siZiIsIjIwMTcvMDkvMDYvYXpzZW5qNmwzX1BIZXJfTWVudG9yaW5nX0hhbmRib29rLnBkZiJdXQ/Peer%20Mentoring%20Handbook.pdf](http://mentoringpittsburgh.org/media/W1siZiIsIjIwMTcvMDkvMDYvYXpzZW5qNmwzX1BIZXJfTWVudG9yaW5nX0hhbmRib29rLnBkZiJdXQ/Peer%20Mentoring%20Handbook.pdf)