



MENTORSHIP FOUNDATIONS

OVERVIEW



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INTRODUCTION

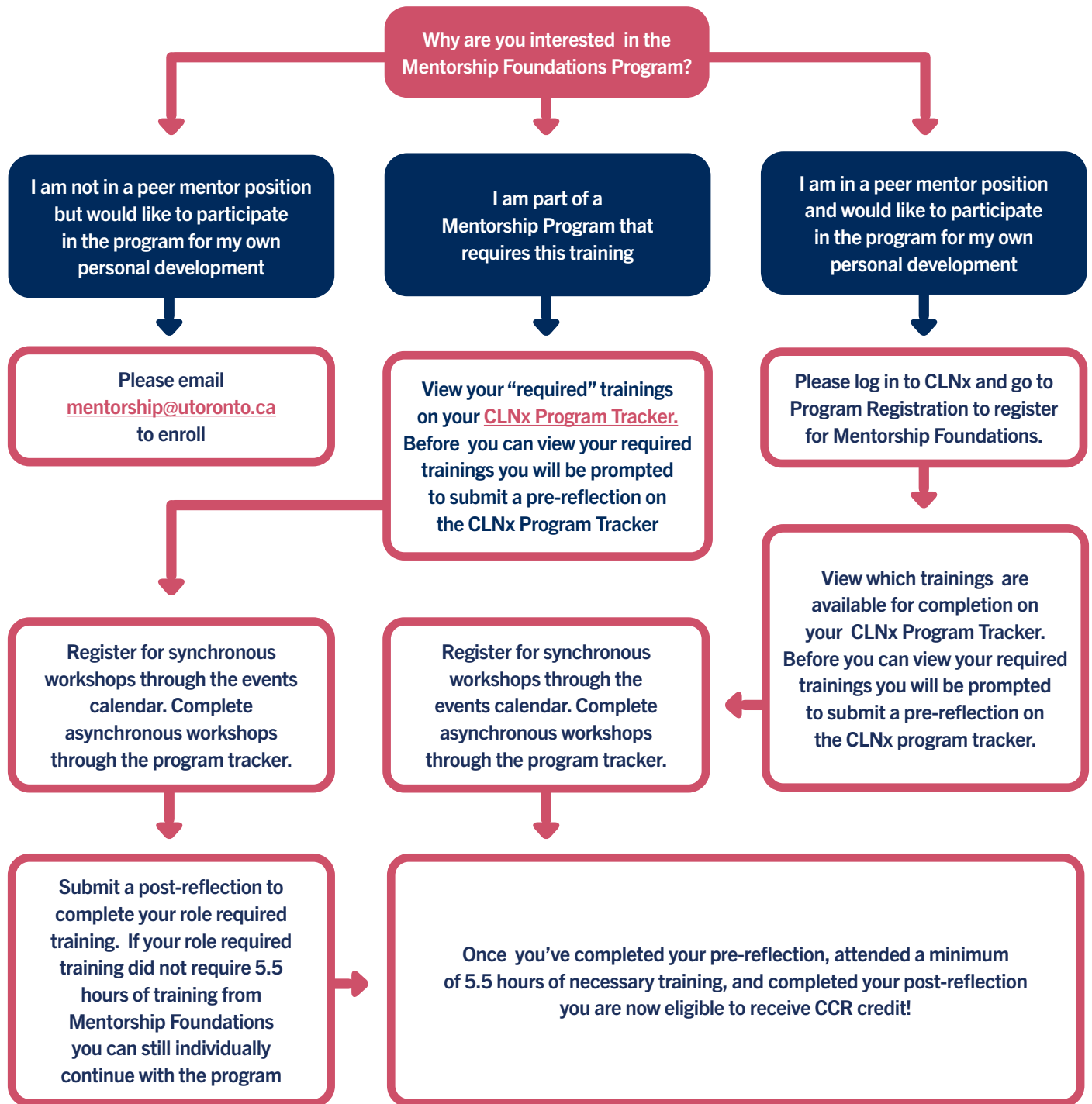
Welcome to Mentorship Foundations!

Mentorship & Peer Programs Foundations Training is a 5.5 hour program to help you get the most out of your peer support experience by building your definition of leadership, identifying strengths and finding a community of peers on campus! This program will prepare you to serve as a mentor or peer advisor in a peer support role.

The training covers topics that are common to peer mentors, tutors, advisors and more across the University of Toronto, St. George campus. This training is appropriate for any student who is serving in a peer support role at the University of Toronto, St. George campus. If you are a student who is interested in the training but do not serve in a peer support role, please contact mentorship@utoronto.ca before registering for any workshops.

Mentorship & Peer Programs Foundations Training is a **CCR** eligible program.

BREAKING DOWN MENTORSHIP FOUNDATIONS



Need further assistance?

Contact mentorship@utoronto.ca

MENTORSHIP FOUNDATIONS

How to Complete Training

Mentorship & Peer Programs Foundations Training is a 5.5 hour program to help you get the most out of your peer support experience by building your definition of leadership, identifying strengths and finding a community of peers on campus! This resource will help you understand how to complete your Mentorship Foundations Training.

PRE-REFLECTION

- Please log in to [CLNx](#) and go to Program Registration to register for Mentorship Foundations.
- Complete and submit a pre-reflection on the CLNx Program Tracker. This step must be completed even if you are only attending one workshop on behalf of a Mentorship Training Program.
- If you are interested in training but do not serve in a peer support role, please contact mentorship@utoronto.ca.

WORKSHOPS

- Register and participate in a minimum of 5.5 hours of training workshops (including Creating an Inclusive Environment). This is tracked on the CLNx Program Tracker to see your progress.
- Check if there are specific segments you must complete with the coordinator of your mentorship or peer program.
- Some mentorship programs will host their own mentorship training. To find out if it qualifies as Mentorship Foundations Training for CCR recognition, please email mentorship@utoronto.ca.

POST-REFLECTION

- After attending the necessary 5.5 hours of workshop trainings, complete and submit a post-reflection on the CLNx Program Tracker.
- This step must be completed even if you are only attending one workshop on behalf of a Mentorship Training Program.
- If you have only partially completed the program for your peer support role training, you are welcome to continue with Mentorship Foundations training to earn [CCR recognition](#).



Need further assistance?

Contact mentorship@utoronto.ca

FAQS

I am a student from UTM/UTSC and am interested in this program, can I still participate?

Please email mentorship@utoronto.ca before registering for any workshops!

I'm not in a Peer Mentoring position at the University but am interested in this program, can I still participate?

Please email mentorship@utoronto.ca before registering for any workshops!

I'm in a Peer Mentoring position at the University and am required to attend some Mentorship Foundations Workshops for my training. What do I have to do to complete my role-required training?

As part of your role required training your Program Coordinator will let you know which specific workshops you have to attend. For example, you might only have to attend the 1.5 hour workshops of 'Creating an Inclusive Environment' and 'Facilitating Groups Online' to suffice the training requirements of your Mentorship program. In order to complete your training you must fill out the pre-reflection on the [CLNx](#) Program Tracker, attend the workshops, and then fill out the post-reflection.

I'm in a Peer Mentoring position at the University and am required to attend some Mentorship Foundations Workshops for my training. What do I have to do to earn CCR?

If your role required training requires you to complete 5.5 hours of Mentorship Foundations training then you are already eligible for CCR and will be approved soon after you complete it! However, if your role required training only requires you to complete less than 5.5 hours (i.e., just the modules of Creating an Inclusive Environment and Facilitating Groups Online), then you are invited to continue with completing more training in order to meet the CCR threshold and then you can be given Co-Curricular Credit for it once completed.

There are no more synchronous sessions for a workshop I need to attend - what can I do?

Please email mentorship@utoronto.ca to see if we might be offering an asynchronous version of the workshop or if we are adding more dates / times for the workshop.