

LEARNING STRATEGY APPOINTMENTS AT ACCESSIBILITY SERVICES

What is a Learning Strategist?

Learning Strategists can help you with:

- Identifying the impact of your disability on your learning
- Learning how to use your learning strengths and academic accommodations
- Developing new strategies for time management, motivation, reading, writing, active studying, and more to help you achieve your academic goals

What can I expect in a Learning Strategist appointment?

A Learning Strategist will usually begin an appointment by asking you questions to get to know how you learn. Questions might include:




- How have you approached learning in the past?
- What study skills do you use well and what do you want to better develop?
- What challenges or worries do you have about studying and learning?

The Learning Strategist will then usually provide suggestions for different learning strategies you can use to refine your study habits.

For examples of learning strategies, check out [UTSC's Toolkit for Students with Disabilities](#). These strategies can be tailored to address the impacts of your disability on your learning or can be integrated with your academic accommodations. These strategies usually take practice for effective learning over the long term.

What are some things that a Learning Strategist can and can't help me with?

Below are some examples of what a Learning Strategist can and can't help you with:

 What a Learning Strategist can do	 What a Learning Strategist can't do	 Where else to go for support
Provide suggestions for different habits and skills you can employ to work towards your learning goals	Offer direct support for course content (e.g. review assignments, proofread essays, tutor you on course material)	Contact your instructor or Teaching Assistant. Or visit an aid centre or a writing centre on campus.
Meet with you a few times per semester (usually upwards of 2-3 times) to check in on progress	Meet with you on a regular or ongoing basis to hold you accountable to your work	Meet with a peer mentor, attend peer groups, or join a Registered Study Group
Discuss how tailored strategies can be used with your current academic accommodations or adaptive technology	Provide suggestions or advocate for changes to your academic accommodations or use of adaptive technology	Meet with your Accessibility Advisor to discuss your accommodation plan and/or referrals to Adaptive technologist

What are the differences between a Learning Strategist at Accessibility Services and Learning Strategist at the Centre for Learning Strategy Support (CLSS) or at my college/department/faculty?

Learning Strategist at Accessibility Services	Learning Strategist at CLSS or at your college/department/faculty
More focus on the impacts of your disability on your learning and providing disability-informed strategies and supports, including using your academic accommodations	More focus on general strategies and college/department/faculty-specific supports
Able to partner with your Accessibility Advisor more easily	Separate from Accessibility Services and your Accessibility Advisor

How can I book an appointment with a Learning Strategist?

Your Accessibility Advisor may have recommended that you meet with a Learning Strategist at Accessibility Services. You can do this by:

- Contacting the Accessibility Services front desk team by visiting the office at 455 Spadina Ave (Suite 400), calling 416-978-8060, or emailing accessibility.services@utoronto.ca and requesting a Learning Strategy Appointment

If you want to book with a Learning Strategist at CLSS, your home college, department, or faculty, you can do this by:

- Contacting your registrar's office
- Contacting the Centre for Learning Strategy Support by logging onto Folio, calling 416-978-7970, or emailing clss@utoronto.ca

Preparing for a Learning Strategy Appointment

Below are some suggested things to note down in preparation for a Learning Strategy Appointment

Name	
Student number	
Topics you might need help with*	

*Example topics may include:

- I need help developing a flexible, dynamic plan for when I have a flare up of symptoms/might miss class or need to catch up with coursework
- I need strategies to help with understanding readings and keeping up with the pace of course readings
- I have disability-related challenges with paying attention, planning, organizing, etc.
- I want to know more about how to use my academic accommodations