



MENTAL HEALTH REFERRAL FORM

214 College Street, 1ST & 2ND FLOOR, Toronto, Ontario, M5T 2Z9
(416) 978-8030, press option 5 ▪ **FAX (416) 978-7341**

Please note:

- We provide brief, episodic care to help students meet their academic goals, returning them to community care as appropriate
- We offer Mental Health Consultations and brief episodes of care, returning them to the referring clinician/community care as appropriate
- A referral for a diagnostic consultation may result in a screening assessment to determine suitability for either a psychiatric or psychological consultation.
- Students already in the care of community clinicians should maintain those connections

We receive a large volume of referrals and there is a wait for our services. The referral review may take 2 to 3 weeks to complete. Until the referral is accepted, you will remain responsible for the medical and mental health care of your patient.

CLIENT MUST BE A CURRENTLY REGISTERED STUDENT AT THE UNIVERSITY OF TORONTO

- **We do not provide assessments on an emergent basis**
- **We do not provide case management services**
- **We do not provide consultation for legal/insurance/workers compensation/fitness to practice/placements/disability purposes**

In order to help us provide the best care, please provide as much detail as possible, including:

- Previous psychiatric consultations or discharge summaries
- Relevant lab, test results (e.g. therapeutic drug levels) and medication summary
- Psychological reports and medical reports

Incomplete forms will be returned and will cause a delay.

If your client is in need of immediate help, please send them to the nearest emergency department or contact 911.

Please FAX completed referral form to (416) 978-7341.

If you wish to discuss your referral, please contact Client Care Coordinator at (416) 978-8078.

HEALTH & WELLNESS CENTRE REFERRAL FORM

Client/Patient Information
Last Name:
First Name:
Date of Birth (dd/mm/yyyy):
Date of Referral (dd/mm/yyyy):

Please ensure you have spoken to your client / patient about the referral.

1. Is your client/patient aware of this referral?

Yes No - If no, explain:

Please indicate your client/s patient's gender (Check ONE only):

Female Male Female to Male Male to Female Questioning
 Other Prefer not to answer

Client/Patient Contact Information
Home Phone #:
Address <u>while attending university</u> :
Cell Phone #:
City/Province:
Postal Code:
Email (U of T email preferred):
U of T Student #:
Health Card # / UHIP # / Other insurance:
Version Code:
Expiry Date (dd/mm/yyyy):

2. If you are able to advise, please confirm if confidential messages can be left at the numbers provided above: Yes No

Referral Source Information
Name (Last name, First name):
Select One: <input type="radio"/> Family Physician <input type="radio"/> Psychiatrist <input type="radio"/> Nurse Practitioner <input type="radio"/> Other:
OHIP Billing #:
Address:
City/Province:
Postal Code:
Email:
Telephone #:
Fax #:

Family Physician Information
Name (Last name, First name):
<input type="radio"/> Client/patient does not have a family physician <input type="radio"/> Same as above
Is the client's/patient's Family Physician aware of referral? <input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> Unknown If unaware please explain:
OHIP Billing #:
Address:
City/Province:
Postal Code:
Email:
Telephone #:
Fax #:

3. Is client's/patient's current psychiatrist aware of referral?
 Yes No Unknown Does not have a psychiatrist

If Yes, Name of Psychiatrist (Last name, First name):

4. Is client's/patient's current psychologist, social worker, psychotherapist aware of referral?
 Yes No Unknown Does not have a psychotherapist/counsellor

If Yes, Name of Clinician (Surname, Given):

5. Reason for Referral:

Diagnostic Clarification / Psychological or Psychiatric Consult (with follow-up provided by referring clinician) and/or for the purposes of (please clarify):

Medication Review

Suitability assessment for brief episode of *care

(*Note: If our assessment concludes that the student's clinical needs are beyond the clinic's scope of practice, the student will be referred back to the referring provider.)

6. Current symptoms:

7. Previous psychiatric/mental health history/psychological care:

8. Agencies, hospitals or therapies involved within the past TWO years:

Agency/hospital/therapy	Date (dd/mm/yyyy)

9. Substance Use (current substances/drugs/alcohol, amount, frequency of use):

Substance/drug/alcohol	Amount	Frequency of use

10. Risk Issues:

Risk Issue:	Please Check:	If yes, when?	Please provide details:
Suicidal ideation	<input type="radio"/> Yes <input type="radio"/> No		
Suicide attempts	<input type="radio"/> Yes <input type="radio"/> No		
Self-harm	<input type="radio"/> Yes <input type="radio"/> No		
Violent behaviour	<input type="radio"/> Yes <input type="radio"/> No		
Legal involvement	<input type="radio"/> Yes <input type="radio"/> No		

11. Medications (psychiatric and non-psychiatric):

Medication	Current/Past	Dose/ Frequency	Response/Adverse Effects
	<input type="radio"/> Current <input type="radio"/> Past		
	<input type="radio"/> Current <input type="radio"/> Past		
	<input type="radio"/> Current <input type="radio"/> Past		
	<input type="radio"/> Current <input type="radio"/> Past		

12. Relevant Medical/Developmental History, e.g. medical conditions, academic accommodations, neurodevelopmental history, history of trauma or abuse

13. Referral Completed by:

Print Name & Credentials

Signature

Date (DD/MM/YYYY)

HEALTH & WELLNESS CENTRE MEDICAL RELEASE FORM

AUTHORIZATION FOR RELEASE OF HEALTH INFORMATION TO UNIVERSITY OF TORONTO HEALTH & WELLNESS CENTRE

Referring clinician name, credential: _____

Phone: _____ Fax: _____

Address: _____

RE:

Affix CLIENT / PATIENT LABEL HERE or write Client's Lastname, Firstname, U of T Student #, DOB

The above named patient has been referred to our clinic and has requested that you transfer information from their health records to us. Below is the necessary written authorization for this release.

I hereby authorize the release of information from the health records of the above-named to:

Health & Wellness Centre, University of Toronto
214 College Street, Suite# 111, Toronto, ON M5T 2Z9
Tel: 416-978-8030, press option #5 Fax: 416-978-7341
Attention: Client Care Coordinators

The information requested to be released is:

Psychiatric/Psychological Reports _____ Summary Reports _____
Discharge Notes _____
Psychotherapeutic reports/summary _____
Other _____

***Any costs for this are at the expense of the patient. This release is valid for six (6) months from the date of request.**

I hereby waive any and all claims against the said Health and Wellness Centre, its clinicians, employees and agents for all purposes whatsoever in connection with the said communication and disclosure of information in the said record.

This information must contain the original signature of the patient, or the legal representative if the patient is deceased or has been declared mentally incompetent provided proof of executorship is supplied.

Client / Patient

Signature: _____

Witness Signature: _____

Print Name: _____

Print Name: _____

Date: _____
(DD/MM/YYYY)

Relationship to patient: _____

Date: _____
(DD/MM/YYYY)

HEALTH & WELLNESS CENTRE | UNIVERSITY OF TORONTO |
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