

Food Delivery Resources for those in Self-Isolation/Quarantine

During mandatory quarantine and self-isolation, you will need to arrange for the necessities of life (e.g. food, medications, cleaning supplies) to be delivered to your place of quarantine. Here is a list of local resources that you may find helpful.

Resource	Details	Category	Locations Served (GTA/Toronto/Missis sauga/Scarborough)
Cheese Magic	Delivery available. Order cheese and other pantry items like honey, smoked salmon, sour cream, kefir and eggs. http://cheesemagic.ca/	Groceries	Toronto
Cornershop	Grocery deliver app. http://cornershop.ca/	Groceries	GTA
Country Boys Produce	Next day delivery of locally sourced fresh produce and other items. https://www.countryboysproduce.com/	Groceries	Toronto
Easy Peasy	Various food and drink kits for delivery https://www.eateasypeasy.com	Groceries	GTA
Essence of Life Organics	Organic produce, groceries and products with next day delivery. https://www.essenceoflifeorganics.com/	Groceries & Other essentials	Toronto
Finesse Grocery	Team of students who will shop on your behalf at any store you choose and deliver to your front door. https://www.finessegrocery.com/	Personal shopper	GTA
Fresh City Farms	Organic, sustainable and seasonal groceries. https://www.freshcityfarms.com/	Groceries	GTA
Gocery	Delivery app for Asian grocery stores - including Lucky Moose, Nations, H Mart and Pacific Fresh Food Market. https://www.gocery.ca/	Groceries	Toronto
Go Java Grocery	Delivery available from local small businesses and food producers. https://gojavagrocery.ca/	Groceries	GTA
Grocery Gateway	Delivery and pick-up options from the Longos grocery store chain https://www.grocerygateway.com/	Groceries	GTA
Organic Garage	Delivery within 10 km of one of their stores. Order via Cornershop https://www.organicgarage.com/shopcornershop	Groceries	Toronto
Grow, Gather & Co.	Rare and curated foods https://www.growgatherandco.com/	Groceries	Toronto

Resource	Details	Category	Locations Served (GTA/Toronto/Mississauga/Scarborough)
Inabuggy	Shop from different grocery stores. Delivered to your doorstep in as little as one hour. https://www.inabuggy.com/	Groceries	GTA
Instacart	Grocery delivery from various stores https://www.instacart.ca/	Groceries	GTA
Khorak Supermarket	Middle Eastern grocery store. Delivery charges apply vary by location. https://khoraksupermarket.com/	Groceries	GTA
Labbaik	Halal grocery delivery. Delivery charges vary by location https://www.labbaik.ca/	Groceries	GTA
Loblaws	Large grocery chain. Delivery options vary by location. https://www.loblaws.ca	Groceries	GTA
Metro	Large grocery chain. Delivery options vary by location. https://www.metro.ca/en/online-grocery	Groceries	GTA
Mexican Collective Store	Budget-friendly Mexican foods. Delivery day: Fridays. https://mexican-collective-store.square.site/	Groceries	GTA
Mr. Case	Delivery of groceries and other household items. https://www.mrcase.com/	Groceries Other Essential Items	GTA
No Frills	Discount supermarket. https://www.nofrills.ca/online-grocery-shopping	Groceries	GTA
T&T Supermarket	Asian grocery store. https://www.tntsupermarket.com/	Groceries	GTA
Tasteport	Delivery available from Indian, South Asian, Middle Eastern, Halal and vegetarian shops. https://www.tasteport.com/	Groceries	GTA
The Healthy Butcher	Local/Organic groceries. https://thehealthybutcher.com/	Groceries	Toronto
Runner	Delivery service within 1-2 hours. Alcohol, Pharmacy, Pet, Snacks, and other items available. https://www.getrunner.io/	Other Items	Toronto and Mississauga
Shoppers Drug Mart	Delivery of pharmacy and other household products from this large pharmacy chain. https://www.instacart.ca/shoppers-drug-mart	Other Items	GTA

Restaurants – Delivery and Takeout

- [50 restaurants that do their own delivery in Toronto so you don't need to use apps](#)

Sources

- https://www.blogto.com/eat_drink/2020/04/restaurants-do-their-own-delivery-toronto/
- https://www.blogto.com/eat_drink/2020/03/grocery-delivery-online-toronto/
- [36 local grocery stores in Toronto doing pickup or online delivery by neighbourhood](#)
- <https://torontolife.com/food/a-breakdown-of-20-toronto-based-grocery-delivery-services/>

Additional Resources

Visit <http://google.ca> for additional resources.