

# FACILITATING GROWTH & DEVELOPMENT

## Identify opportunities for mutual learning, growth and community building

Complete this worksheet yourself and ask your mentee to do the same.

Bring this worksheet to your next session together and compare your results and brainstorm a list of opportunities together by filling in the names of people, places or resources for connecting with the interests identified.

The purpose of this activity is to identify opportunities for learning, growth and community building, but also to allow mentor partners to share their respective knowledge and experience with different opportunities available both on campus and in the wider community. More, these opportunities may reveal a mutual interest in learning that both partners may agree to explore together as part of their journey.

I would like to learn more about:	Resources on campus:	Resources off campus: