UNIVERSITY OF TORONTO FACULTY OF KINESIOLOGY AND PHYSICAL EDUCATION



Our Commitment

- U of T Sport & Rec at Kinesiology and Physical
- Education is committed to providing programs, services,
- facilities and resources to U of T students on all three
- campuses which will enrich the student experience,
- create a sense of community and belonging, contribute
- to the overall health and well-being of our students,
- enhance academic success and create opportunities for
- personal growth and leadership skill development which
- will promote post university success.

Alignment with Student Government Priorities



	APUS	UTGSU	UTSU	UTMAC	UTSCAA	SPORT&REC
Accessibility	Х	X	Х	X	Х	X
Equity	X	Х	Х	Х	Х	Х
Mental Health	Х	X	Х	X	X	X
School-Life Integration	Х	X	Х	Х	Х	X
Navigating the Student Experience	Х	X	X	X	X	X
Campus Life	Х	X	Х	Х	Х	X
Funding	X	X	Х	Х	Х	Х

U of T Sport & Rec Priorities

Recognize students as most important stakeholder on campus.

- Encourage participation in U of T Sport & Rec as a strategy to:
 - advance academic success,
 - enhance physical, mental and social wellbeing,
 - v build a sense of community, and
 - acquire skills for post-university success.

 Be mindful that U of T Sport & Rec is dependent on the student ancillary fee to fund the program.

U of T Sport & Rec Priorities

 Seek out alternate funding sources that will reduce dependence on the student ancillary fee.

 Work in collaboration with partners at Hart House, St. George Student Life, UTM Athletics and UTSC Athletics & Rec.

 Ensure that the values of <u>equity</u>, inclusivity, accessibility and <u>diversity</u> inform all programs, facility operations, services, policies and resources.

Factors Impacting the University Experience

MENTAL WELLNESS

ACCESSIBILITY AND INCLUSION

ENGAGEMENT

FUTURE SUCCESS

Mental Wellness

- A priority at U of T
- It is complex issue that can impact self-confidence, stress response and anxiety levels.
- Today's U of T students are faced with a highly competitive admissions process, rigorous and challenging academic programs and lives often complicated by commuting, financial responsibilities, family concerns and social interactions.



Mental Wellness

Physical activity can:

- Improve self-esteem
- Improve sleep quality
- Reduce the impact of stress
- Create a support network
- Individuals feel happier



Exercise plays a significant role in facilitating mental and physical well-being, contributing to academic success and...it's FUN!



Accessibility and Inclusion

Breaking Down Barriers

- Accessible facilities, programs, equipment and services.
- Specialized equipment for diverse users/skill levels/experience.
- <u>More</u> beginner and novice classes and drop-in programs to kickstart participation.
- Knowledgeable, welcoming staff; representative of U of T community
- Staff who embrace inclusion and importance of diversity in programs.
- AODA-compliant Sport & Rec web presence, organized by activity.

Accessibility and Inclusion

Financial Matters

- <u>Drop-in (no fee)</u> yoga and mindful meditation to reduce cost barriers and encourage mental and physical wellness.
- <u>Equipment lending</u> at nominal/no cost to reduce barriers to participation.
- <u>15% discount</u> for U of T student parents for all Sport and Rec Camp and Junior Blues programs.

Operating Hours

 Extended hours of operation from 7 a.m. to 11 p.m., Monday through Sunday.

Accessibility and Inclusion

- Encourage participation for under-represented U of T communities through programs such as women-only hours, trans-positive swim and Indigenous swim initiative and Launch to Leadership.
- Soar program: 21 Indigenous youth, Grades 9 through 11, from communities across Ontario spend March Break at U of T.
- Partnership with Toronto Community Housing for Midnight Basketball and the 519 Community Centre for the hosting of the U of T Sport and Rec Equity and Diversity Conference.

DROP-IN: IT FITS YOUR SCHEDULE!



From strength training to yoga, choose your drop-in sport and group fitness classes. Staff on site to provide assistance. Some women-only sessions available, Come on your own or bring a friend. Everyone welcome!

Go to uoft.me/dropinfitness for more details



Inclusive swim time for trans, gender non-conforming, non-binary and two-spirit students and members. Swim for fitness or bring your friends for fun! Private change spaces available. kpe.utoronto.ca/sports-and-rec



Presented by the University of Toronto's Faculty of Kinesiology and Physical Education, with support from on-campus partners such as First Nations House Indigenous Student Services and Hart House.

Engaging Students in U of T Sport and Rec

MoveU

- Student peer teams, on 3 campuses, engaged over 6000 students through physical activity.
- To relieve stress, boost concentration and improve academics.



- Collaborate with Student Life, Hart House, Health & Wellness.
- Event-based, fun, accessible physical activity.
- Brain Break, Mobile MoveU and Classroom Break.





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Engaging Students in U of T Sport and Rec

EQUITY MOVEMENT TEAM

Undergraduate and graduate students from across campus plan and implement student-led initiatives that promote equity, diversity, inclusivity and physical and mental health.

EQUITY IDEAS FUND

Supports initiatives that promote equity in sport and physical activity. Student groups apply for grants of up to \$500 to support events and programs designed to enhance equity and inclusion. A total of \$10,000 is available annually.



Engaging Students in U of T Sport & Rec

Employment

U of T Sport & Rec is the <u>largest</u> <u>employer</u> of students on campus:

- 1,112 students employed
- 78 active Co-Curricular Record (CCR) opportunities
- \$5 million+ paid to studentstaff
- 149 students employed through the U of T work-study program



Engaging Students in U of T Sport & Rec

Leadership Skill Development Through Opportunities

in Student Governance

- Council of Athletics and Recreation (CAR).
- Intramural Sport Council (ISC).
- Varsity Board (VB).
- Equity Committee.
- Task Force on Race and Indigeneity.
- Budget and Finance Committee.

Enhance leadership skills!

Future Success

- By participating in Sport and Rec activities or working with us to deliver programs and services, students will enhance their:
- Communication Skills
- Leadership Skills
- Time Management and Organizational Skills
- Personal Development

We prioritize training, education and experiences that positively impact student preparation for post-university success.

By the Numbers

Student Participation 35,506 unique users 443,465 visits

Instruction Program

1,825 participants323 programs500 novice participants

Tri-Campus Development League 488 participants,

32 teams, 136 games

MoveU 6,000 + participants

Student Employment

1,112 students hired\$5 million + in earnings

Clubs 720 participants 10 clubs

Facilities

48 activity spaces
3 pools, 2 tracks, 1 arena,
9 courts, 4 fields,
2 studios, 2 strength & conditioning centres.

Intercollegiate Program

840 student athletes

Drop In Yoga & Mindful Meditation 6,200+ participants

Intramurals

12,582 participants65 leagues, 844 teams2,314 games

Sport Medicine Clinic 20,891 student visits



The Council of Athletics and Recreation (CAR) Budget Committee is annually tasked with the responsibility of reviewing the Sport and Rec (KPE) budget as prepared by the staff.

The preparation of the program, facilities and services plan and budget begins each May after a thorough review of the budget actuals of the previous year and the results of the program evaluations and surveys, and information gathered through focus groups and meetings.



- Once the review is complete, the staff prepares the budgets and plans for each program area facility and services.
- This process continues until the final plans and budgets are approved by directors. Once this approval has been confirmed, the budget is presented to the CAR Budget Committee.

The CAR Budget Committee approved the draft Sport and Rec (KPE) 2019-20 budget unanimously and sent it to CAR for consideration and approval.

CAR approved the 2019-20 Sport and Rec (KPE) Budget as presented on January 14, 2019. It was carried with the full support of the Council save one abstention.



Considerations

- ✓ Proposed 2019-20 student ancillary fee increase is 2.55%.
- Increase to compensation is approximately 4% in 2019-20.
 This is largely the result of contractual obligations in collective agreements and the university's commitment to a \$15.00/hour minimum wage.
- ✓ Compensation is 65% of the Sport and Rec (KPE) budget.
- The difference was made up through increases to revenue in the Child and Youth program and a one time reduction to the Facility Renewal Fund.

Areas	Expenses	Income	Net
Programs	\$12,574,828	\$3,209,254	\$9,365,574
Administrative Services	\$ 7,748,602	\$4,643,179	\$3,105,423
Facilities and Infrastructure	\$11,650,667	\$1,168,126	\$18,482,542
Sub-Total	\$31,974,098	\$9,020,558	\$22,953,539
Student Ancillary Fees	Expenses	Income	Net
St. George		\$ 21,973,950	
UTM	\$ 178,668 (transfer back to UTM)	\$ 707,569	
UTSC	\$ 163,071 (transfer back to UTSC)	\$ 619,758	
Aerospace	\$ 6,000 (transfer back to Aerospace)		
Sub-Total	\$ 347,739	\$23,301,278	\$22,953,539
Total	\$32,321,837	\$32,321,837	Balanced - \$0.00

2019-20 Proposed Sport and Rec (KPE) Budget Using the Protocol on Non-Tuition Fees

	2018-19 Student Fees	2019-20 Proposed Student Fees	Percentage Increase	Dollar Increase
St. George Full-Time	\$189.00	\$193.82	2.55%	\$4.82
St. George Part-Time	\$ 37.80	\$ 38.76	2.55%	\$.96
UTSC/UTM Full-Time	\$ 21.92	\$ 22.48	2.55%	\$.56
UTSC/UTM Part-Time	\$ 4.39	\$ 4.50	2.55%	\$.11

Any small discrepancies due to rounding