

# SPORT AND PHYSICAL ACTIVITY HIGHLIGHTS 2016-17 & COSS BUDGET REQUEST 2017-18



**Faculty of Kinesiology and Physical Education**

# PHYSICAL ACTIVITY

- ✓ Drop-in sports
- ✓ Clubs
- ✓ Aquatics
- ✓ Drop-in fitness classes
- ✓ Personal Training & Nutrition
- ✓ Dance
- ✓ Fitness
- ✓ Strength & Conditioning
- ✓ Women's-Only Hours



## Come See What You Can Do

A visual awareness campaign promoting the fact that all KPE Sport and Recreation programs, facilities and services are available to all U of T students.



The provision of equipment (free or a nominal cost) removes barriers to participation – skates, helmets, balls, racquets, inner tubes, float belts etc.



# SPORT - INTRAMURALS

**13,408**  
PARTICIPANTS

**793**  
TEAMS

**68**  
LEAGUES

**30**  
TOURNAMENTS

Intramurals is the largest single program at the university with participants from every college, faculty, and campus.



- Fun Fridays promote non-traditional activities such as bubble soccer, bally ball and inner tube water polo to stimulate interest in fun physical activity.
- New leagues include badminton, table tennis, squash and tennis.
- Intramurals benefit from significant student contributions including serving on the Intramural Sport Councils, coaching, officiating, managing games and serving on review committees.

# SPORT - CLUBS

**685**  
**PARTICIPANTS**

**9**  
**CLUBS**

Clubs provide opportunities for student-managed programs within the sport program. Student leaders are responsible for the operation and financial management of the club with assistance and mentoring from a staff member.

- Cheerleading Team
- Dance Team
- Karate Club
- Kendo Club
- Life Guarding Club
- Masters Swim Club
- Pom Team
- Synchronized Swimming Club
- Triathlon Club



# SPORT - INTERCOLLEGIATE

**834**

**STUDENT  
ATHLETES**

**44**

**TEAMS**

**24**

**SPORTS**

**10 OUA CHAMPIONS**

**4 CIS CHAMPIONS**

**202** Academic All-Canadians & OUA  
Achievement Winners (APGA 80% or higher)

**103** OUA All-Stars

**36** All-Canadians

**5** OUA Coaches of Yr.

**2** CIS Coaches of Yr.

- 14 Championships - U of T #1 overall in Canada
- 100+ community service projects – annual holiday toy toss, Blues Buddy Up, sport clinics, TDSB school days, Tix For Kids.
- Teams competed in 445 events (225 at home and 216 away)



# SPORT – TRI CAMPUS DEVELOPMENT LEAGUE

**448**

**STUDENT  
ATHLETES**

**28**

**TEAMS**

**6**

**SPORTS**

The Tri Campus Development League is open to all students and represents the highest level of sport competition outside the intercollegiate program. Participants from all three campuses develop skills under the tutelage of coaches and play in a total of 136 competitive games with registered officials.



## SPORT – HIGH PERFORMANCE

The Varsity Blues and the University of Toronto were well represented at the 2016 Rio Olympic and Paralympic Games with 13 current students alumni competing. Masters student Rosie MacLennan won her second Olympic gold in trampoline and was Canada's Flag Bearer at the opening ceremonies. Blues swimmer Kylie Mass won bronze in the 100m backstroke and alumnae Shelley Gautier won bronze in tricycling.



# MOVE U

Move U peer teams connect with students through physical activity to help relieve stress, boost concentration and improve performance in the classroom. Move U teams operate on all three campuses and collaborate with Student Life, Hart House and Health and Wellness.

**Mobile Move U** - the Move U crew, in partnership with Hart House, traveled to student spaces to run drop in classes. Each faculty/college can book up to 4 free sessions of Mobile Move U. In 2015/16, we presented 25 sessions.

**Movement Breaks** - this program brings Move U to the classroom offering a 5-15 minute movement session for students sitting for prolonged periods of time. Student participating in these breaks are left better to focus and primed for academic success.

**Brain Break** – Move U comes to the library. Teams offer group stretching and physical activity to encourage short breaks from studying leading up to the three exam periods.



# EQUITY MOVEMENT

## Equity Movement Team

Undergraduate and graduate students from across campus plan and implement student-led initiatives that promote equity, diversity, inclusivity and physical and mental health.



## Equity Fun Ideas Fund

A fund that supports initiatives in promoting equity in sport and physical activity. Approved projects in 15/16 included Queer Zumba (LGBTOut) and Decolonizing Spaces (Massey College GSU). Grants are up to \$500 and \$5000 is available for distribution annually.



## U of T Partners

- Anti-Racism and Cultural Diversity Office
- UTM & UTSC
- UTSU/APUS/GSU
- Mature Students Association
- Students for Barrier-Free Access
- Hart House
- Sexual and Gender Diversity Office
- Multi-Faith Centre
- Accessibility Services
- Centre for International Experience
- Health and Wellness

## U of T Pride

During Pride Month, Equity Movement, U of T's Sexual Diversity Office and Athlete Ally raised the rainbow flag at the Varsity Centre.



## SOAR INITIATIVE

In its 7<sup>th</sup> year, 18 Indigenous youth from communities across Ontario joined Equity Movement and SOAR teams experience life as a U of T student visiting Toronto landmarks and participating in a series of recreational and Indigenous focused activities.



# STUDENT EMPLOYMENT

Our student employees work in all areas of sport and recreation and gain valuable skills by planning, delivering, overseeing and evaluating our programs.



## *DID YOU KNOW?*

- *FKPE is the largest employer of students on campus*
- **1,114** students employed
- **70** Active Co-Curricular Record (CCR) opportunities and **1,062** validations
- **\$5 million +** in earnings to student staff members in 2015/16
- **153** students in work-study program

# STUDENT LEADERSHIP

## University Governance Opportunities for Students

U of T students have many choices if they wish to participate in the governance processes here at the university. Here are some examples in the Physical Activity and Sport Programs offered through KPE:

### **Council on Athletics and Recreation (CAR)**

Provides oversight of the co-curricular programs, facilities and services offered through the Faculty on the St. George campus as well as university wide programs such as intercollegiate, intramurals and tri campus development league. CAR is responsible for overall athletics and recreation policy and annually reviews and approves the co-curricular budget.

### **Intramural Sport Council (ISC)**

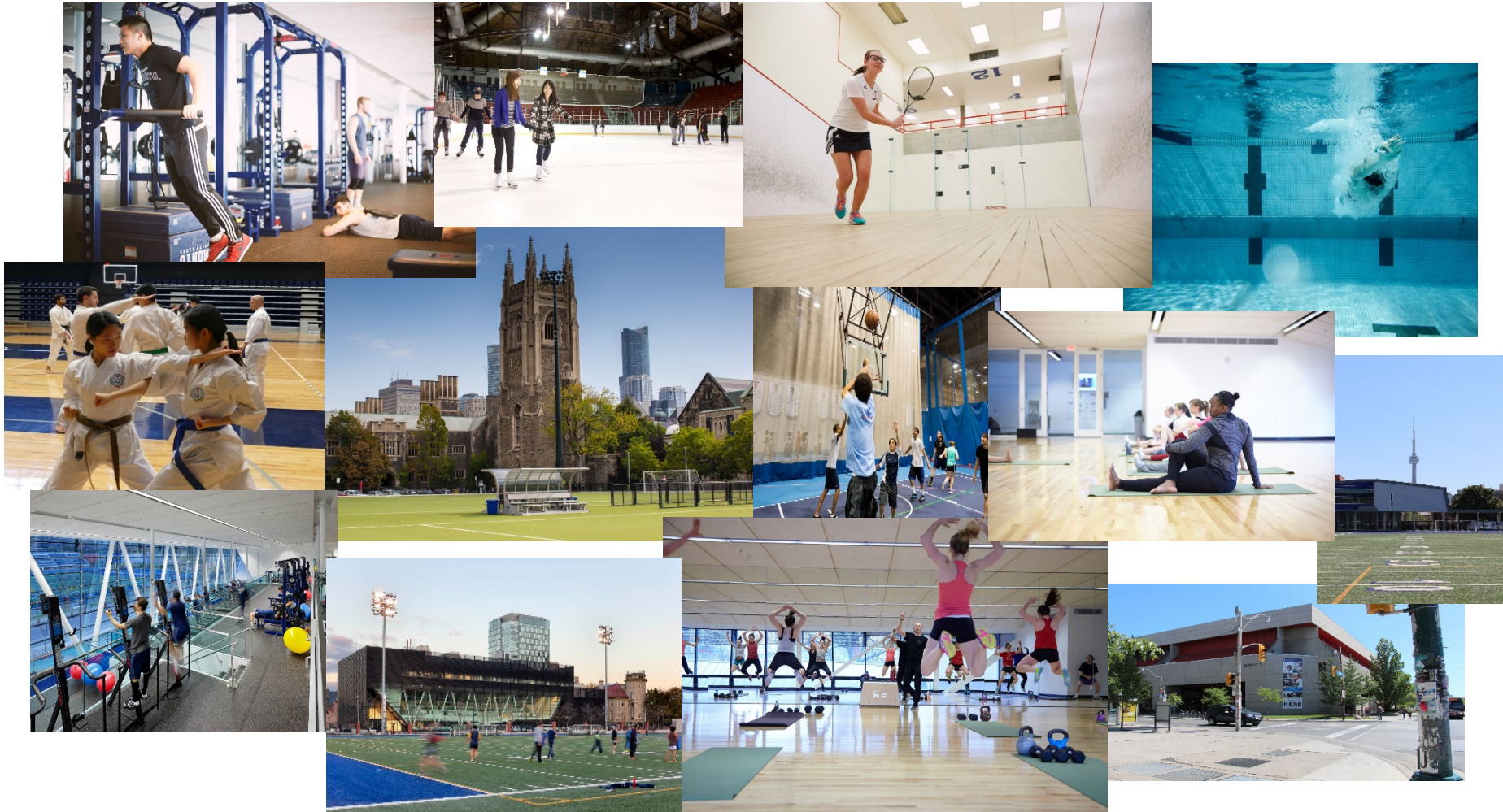
Student representatives from all colleges, faculties and divisions and across the three campuses manage the intramural program through the ISC.

### **Varsity Board (VB)**

Student athletes from each of the 44 teams provide input on the operation of the intercollegiate program. They are also responsible for choosing the winners within the annual sport awards program, represent the student athletes on CAR and operate numerous community.

# FACILITIES

We provide a wide range of activity spaces for sport and recreation including the Goldring Centre, Back Campus fields, Varsity Centre and Arena, the Athletic Centre and playing fields on Front Campus and Robert Street. All facilities are used for programming across the continuum and are available to U of T students from all three campuses with a valid T-Card.



# SERVICES

## **David L. MacIntosh Sport Medicine Clinic**

- Available for U of T students with a sport injury.
- Services include preventative, diagnostic and therapeutic sport physician consultations and manual therapy such as physical, athletic and massage.
- Other services include bracing and orthotics.

## **Strength and Conditioning Orientations**

- Sessions are provided to students at both the Athletic Centre and Goldring Centre.
- These sessions help to orient participants to the equipment in the strength and conditioning centres and these areas are fully staffed with certified personnel to assist.

## **Caretaking and Facility staff**

- Are committed to providing a safe, clean and welcoming environment in all our activity spaces.
- The Goldring and Varsity Centres operate from 7am to 11pm daily and the Athletic Centre is open 7am to 11pm on weekdays and 9am to 5pm on weekends.
- Cleaning and set ups for hundreds of activities in over 30 spaces and for 436,000+ is a monumental task and one that is achieved every day by the facility and caretaking staff.

## **Customer and Membership Services**

- provides participants with information on the programs and facilities offered through the faculty.
- The staff also assists with court bookings, registration for programs and the updating of information on the website. Online registration for various programs is available.

# BY THE NUMBERS

## Student

### Participation

**33,754** unique users  
**436,478** visits

### Registered Instruction

**1,785** participants  
**433** classes  
**71** programs

### Tri-Campus Development League

**448** participants  
**28** teams

## Student

### Employment

**1,114** students hired  
**\$5 million +** in earnings

## Facilities

**48** separate activity spaces including 3 pools, 2 tracks, 9 courts, 1 arena, 4 fields, 2 dance/fitness studios, 9 squash courts, 2 strength and conditioning centres.

## Clubs

**685** participants  
**9** clubs

## Intramurals

**13,408** participants  
**2,428** games  
**793** teams

## Move U Skate Program

**1,144** participants

## Intercollegiate Program

**834** participants  
**44** teams

# FINANCIAL OVERVIEW

The 2017-18 co-curricular budget presented to the Council on Student Services for consideration is balanced and includes a student ancillary fee increase of 0.96 per cent.

## Notes of Interest:

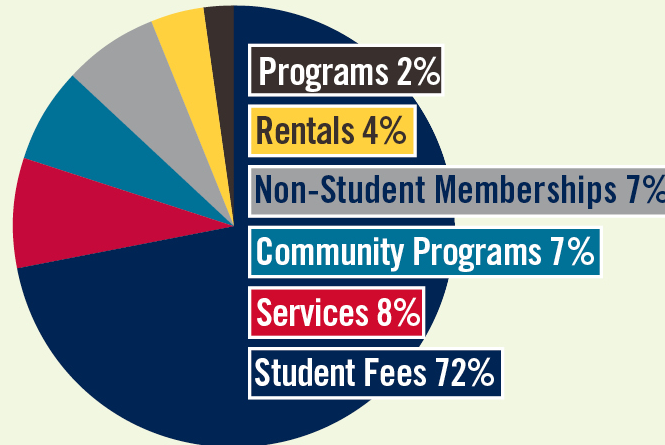
- Despite increases in occupancy costs (largely due to hydro), and the contractual obligations of staff salary increases, we are pleased to present an increase request of less than one per cent.
- The formula for transferring funds back to the University of Toronto Mississauga and the University of Toronto Scarborough has been revised to reflect a more equitable breakdown of program participation across all three campuses, while adhering to the principle of One University – Three Campuses. We have successfully ensured access for all U of T students to all U of T facilities across the three campuses.
- An increase to the administrative fee at the David L. McIntosh Sport Medicine Clinic contributed to the balanced budget for 2017-18. The current fee of \$60 has been increased to \$80 for those students accessing therapeutic services. This optional annual fee gives students unlimited access to therapeutic services for no additional cost. Market prices for these services are \$90 to \$120 per visit.
- In addition, organizational restructuring and technology have resulted in the elimination of two full-time staff positions with no impact on programs, facilities or services and the elimination was achieved through attrition.

## STUDENT FEES

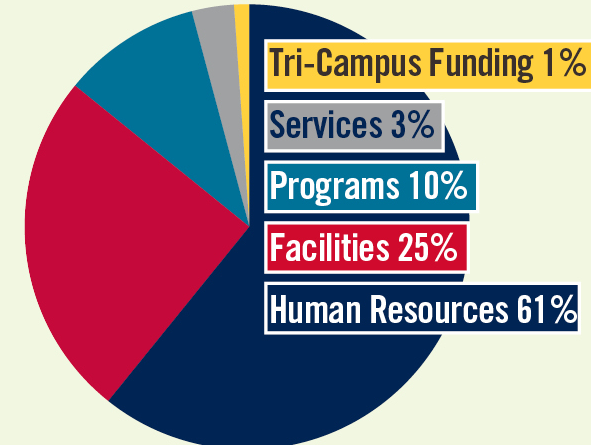
	2016-17 Student Fees	2017-18 Proposed Student Fees	Percentage Change	\$ Change
St. George/Full Time	\$183.52	\$185.29	0.96%	\$1.77
St. George/Part Time	\$36.70	\$37.06	0.96%	\$0.35
UTSC & UTM/Full Time	\$21.29	\$21.49	0.96%	\$0.20
UTSC & UTM/Part Time	\$4.26	\$4.30	0.96%	\$0.04

## PROPOSED BUDGET: 2017-18

### REVENUE



### EXPENSES



# KPE 2016-17

HEALTHY FUTURES START  
BOUNDARIES ARE BROKEN  
SELF-AWARENESS DEVELOPS  
PEOPLE ARE HEALED  
TEAM SPIRIT BUILDS  
PHYSICAL EDUCATORS PREPARE  
COACHES MENTOR  
FRIENDSHIPS ARE FORMED  
ENERGY ABOUNDS  
KNOWLEDGE IS SHARED  
LEADERSHIP DEVELOPS  
COLLABORATIONS DEVELOP  
RECORDS ARE BROKEN  
KIDS EXPLORE  
DREAMS ARE REALIZED  
RESEARCH HAPPENS  
CHAMPIONS ARE MADE

KINESIOLOGISTS STUDY  
ENERGY ABOUNDS  
SPORTS INJURIES ARE PREVENTED  
KNOWLEDGE IS SHARED  
DISCOVERIES ARE MADE  
ENERGY ABOUNDS  
HEALTHY FUTURES START  
BOUNDARIES ARE BROKEN  
COLLABORATIONS DEVELOP  
PEOPLE ARE HEALED  
BODIES MOVE  
KINESIOLOGISTS STUDY  
PHYSICAL EDUCATORS PREPARE  
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CHANGE IS PROMOTED  
CHAMPIONS ARE MADE  
RECORDS ARE BROKEN  
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DISCOVERIES ARE MADE  
LEADERSHIP DEVELOPS

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