WE HELP REMOVE BARRIERS.

Events & programming calendar
January – April 2024
**GENERAL**

Access Us Peer Mentorship Program (hosted by UTSG)
Various dates – register online through UTSG website

Peer Advisor Drop-Ins (hosted by UTSG)
**Mondays and Fridays, 11 a.m. – 4 p.m.**
*Online only through studentlife.utoronto.ca/as*
**Tuesdays to Thursdays, 11 a.m. – 4 p.m.**
*In Person at 455 Spadina Ave, Suite 400 and online through studentlife.utoronto.ca/as*

Peer Mentor Learning Community One-on-One Mentoring (hosted by UTM)
Various dates – register online through UTM website

**ACADEMIC AND LEARNING**

Virtual Accountability Check-Ins (hosted by UTSG)
**Mondays, 12 – 12:30 p.m. & Fridays, 3 – 3:30 p.m.**

Accessibility Grad Writing Group (hosted by USTG)
**Wednesdays, 10:30 a.m. – 1 p.m.**

Accessibility Grad Productivity Group: Actually Work From Home! (hosted by UTSG)
**Tuesdays, 10 a.m. – 12 p.m**

AS Virtual Study Hubs (hosted by UTSG)
**Mondays, 3 – 5 p.m. (online)**
**Wednesdays, 9 – 11 a.m. (in person)**

Group Learning Strategy Sessions (hosted by UTSG)
**Wednesday, January 10, 2 p.m.:** Perfectionism: Moving Towards Progress
**Friday, January 12, 11 a.m.:** Overcoming Procrastination and Building Motivation
**Wednesday, January 17, 2 p.m.:** Realistic Time Management
**Friday, January 19, 11 a.m.:** Perfectionism: Moving Towards Progress
**Wednesday, January 24, 2 p.m.:** Overcoming Procrastination and Building Motivation
Friday, January 26, 11 a.m.:
Realistic Time Management

Wednesday, January 31, 2 p.m.:
Perfectionism: Moving Towards Progress

Friday, February 2, 11 a.m.:
Overcoming Procrastination and Building Motivation

Wednesday, February 7, 2 p.m.:
Realistic Time Management

Friday, February 9, 11 a.m.:
Perfectionism: Moving Towards Progress

Wednesday, February 14, 2 p.m.:
Overcoming Procrastination and Building Motivation

Friday, February 16, 11 a.m.:
Realistic Time Management

Wednesday, February 21, 2 p.m.:
Perfectionism: Moving Towards Progress

Friday, February 23, 11 a.m.:
Overcoming Procrastination and Building Motivation

Wednesday, February 28, 2 p.m.:
Realistic Time Management

Friday, March 1, 11 a.m.:
Perfectionism: Moving Towards Progress

Wednesday, March 6, 2 p.m.:
Overcoming Procrastination and Building Motivation

Friday, March 8, 11 a.m.:
Realistic Time Management

Wednesday, March 13, 2 p.m.:
Perfectionism: Moving Towards Progress

Friday, March 15, 11 a.m.:
Overcoming Procrastination and Building Motivation

Wednesday, March 20, 2 p.m.:
Realistic Time Management

Friday, March 22, 11 a.m.:
Perfectionism: Moving Towards Progress

Wednesday, March 27, 2 p.m.:
Overcoming Procrastination and Building Motivation

Friday, March 29, 11 a.m.:
Realistic Time Management

Wednesday, April 3, 2 p.m.:
Perfectionism: Moving Towards Progress

Friday, April 5, 11 a.m.:
Overcoming Procrastination and Building Motivation

Wednesday, April 10, 2 p.m.:
Realistic Time Management

Friday, April 12, 11 a.m.:
Perfectionism: Moving Towards Progress

Wednesday, April 17, 2 p.m.:
Overcoming Procrastination and Building Motivation

Friday, April 19, 11 a.m.:
Realistic Time Management

Wednesday, April 24, 2 p.m.:
Perfectionism: Moving Towards Progress

Friday, April 26, 11 a.m.:
Overcoming Procrastination and Building Motivation

Peer Mentor Learning Study
Support Groups (hosted by UTM)
Variable dates – please see UTM website

LEARNING SKILLS WORKSHOPS

Building Mental Strength for Resiliency
(hosted by UTSG)
Thursday, March 28, 12 – 1 p.m.

Burnout Prevention and Recovery
(hosted by UTSG)
Tuesday, January 31, 11:30 a.m. – 1:30 p.m.
Friday, March 4, 11:30 a.m. – 1:30 p.m.

Effective Reading Strategies (hosted by UTSG)
Wednesday, January 17, 1:30 – 2:30 p.m.
Tuesday, January 23, 11 a.m. – 12 p.m.

Get Started Club (hosted by UTSG)
Friday, February 2, 11 a.m. – 12 p.m.
Friday, February 23, 1 – 2 p.m.
Wednesday, March 20, 4 – 5 p.m.
Kurzweil3000 Refresher (hosted by UTSC)
Monday, February 6, 3 – 4 p.m.
Monday, March 6, 3 – 4 p.m.

Level up your learning:
Game-based study tips (hosted by UTSG)
Wednesday, February 7, 4 – 5 p.m.

Note Taking Workshop (hosted by UTSC)
Tuesday, January 23, 2 – 3 p.m.

Peer Mentor Learning Community Interactive Workshops (hosted by UTM)
Various dates – please see UTM website

Preparing for In-Person Tests and Exams (hosted by UTSG)
Wednesday, February 7, 3 – 4 p.m.
Wednesday, April 3, 11 a.m. – 12 p.m.
Thursday, April 4, 12 p.m. – 1 p.m.

Public Speaking: Effective Communication & Presentation Skills (hosted by UTSG)
Thursday, February 8, 1:30 – 3 p.m.
Wednesday, March 6, 3:30 – 5 p.m.

Reflective Planning & Realistic Goal Setting for the New Semester (hosted by UTSG)
Tuesday, January 9, 3 – 4 p.m.
Friday, January 12, 1 – 2 p.m.

Skill-Based Notetaking (hosted by UTSG)
Friday, January 12, 2 – 3 p.m.
Tuesday, January 16, 2 – 3 p.m.
Monday, January 22, 1 – 2 p.m.

Social Communications (hosted by UTSC)
Wednesday, January 24, 3 – 4 p.m.

Speaking to Power (hosted by UTSG)
Tuesday, January 16, 11:30 a.m. – 1:30 p.m.
Monday, March 4, 11:30 a.m. – 1:30 p.m.

Time Management 101 (hosted by UTSC)
Tuesday, January 18, 3 – 4 p.m.
Tuesday, February 1, 3 – 4 p.m.
Tuesday, February 27, 2 – 3 p.m.
Tuesday, March 14, 2 – 3 p.m.

Using Reading Week Effectively (hosted by UTSG)
Tuesday, February 13, 3 – 4 p.m.
Friday, February 16, 1:30 – 2:30 p.m.

ACCESSIBILITY

DIALOGUE

CONNECTING AND COMMUNITY

AccessAbility Services Student Socials (hosted by UTSC)
Wednesday, January 24, 5 – 6 p.m.
Wednesday, February 21, 5 – 6 p.m.
Wednesday, March 13, 5 – 6:30 p.m.
Wednesday, April 10, 5 – 6:30 p.m.

ADHD Peer Connections (hosted by UTSG)
Thursday, January 11, 10 – 11 a.m.
Thursday, January 25, 10 – 11 a.m.
Thursday, February 8, 10 – 11 a.m.
Thursday, February 22, 10 – 11 a.m.
Thursday, March 7, 10 – 11 a.m.
Thursday, March 21, 10 – 11 a.m.
Thursday, April 4, 10 – 11 a.m.

ASD Peer Connections for Women & Trans Students (hosted by UTSG)
Monday, January 8, 10 – 11 a.m.
Monday, January 22, 10 – 11 a.m.
Monday, February 5, 10 – 11 a.m.
Monday, February 19, 10 – 11 a.m.
Monday, March 4, 10 – 11 a.m.
Monday, March 18, 10 – 11 a.m.
Monday, April 8, 10 – 11 a.m.
Monday, April 15, 10 – 11 a.m.
Monday, April 29, 10 – 11 a.m.
Navigating U of T as a 2SLGBTQ+ Student with a Disability (hosted by UTSG)
Friday, January 12, 3 – 4 p.m.
Friday, February 9, 3 – 4 p.m.
Friday, March 8, 3 – 4 p.m.

Peer Mentor Learning Community Social Connections (hosted by UTM)
Wednesday, January 31, 1 – 2 p.m.
Wednesday, February 28, 1 – 2 p.m.
Wednesday, March 27, 1 – 2 p.m.
Wednesday, April 3, 1 – 2 p.m.

Social Connections (hosted by UTSG)
Friday, January 19, 1 – 2:30 p.m.
Friday, February 16, 1 – 2:30 p.m.
Friday, March 22, 1 – 2:30 p.m.

SASA (Social Association for Students with ASD) (hosted by UTSG)
Friday, January 5, 1 – 2:30 p.m. (in person)
Friday, January 12, 1 – 2:30 p.m. (online)
Friday, February 2, 1 – 2:30 p.m. (in person)
Friday, February 9, 1 – 2:30 p.m. (online)
Friday, March 1, 1 – 2:30 p.m. (in person)
Friday, March 8, 1 – 2:30 p.m. (online)
Friday, April 5, 1 – 2:30 p.m. (in person)
Friday, April 12, 1 – 2:30 p.m. (online)

For more details, event descriptions, and registration information, please visit:
UTSG: studentlife.utoronto.ca/department/accessibility-services
UTM: utm.utoronto.ca/accessibility/future-students/peer-mentor-learning-community
UTSC: utsc.utoronto.ca/ability/upcoming-events
Welcome to Accessibility Services! We provide a range of programming to support learning, problem-solving & inclusion. Meet with learning strategists, accessibility advisors & upper-year peers registered with our office. Dates and times are subject to change, so please visit our website for current information: accessibility.utoronto.ca

CONTACT INFORMATION
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