WE HELP REMOVE BARRIERS.

Events & programming calendar
January 2023 - March 2023
GENERAL

Access Us Peer Mentorship Program (hosted by UTSG)
Variable Dates - register online through UTSG website below

Peer Advisor Drop-Ins (hosted by UTSG)
Mondays - Wednesdays, 11 a.m. – 3 p.m. -
Online through www.studentlife.utoronto.ca/as
Thursdays and Fridays, 11 a.m. – 3 p.m. -
In-Person at 455 Spadina Ave, Suite 400

Peer Mentor Learning Community One-on-One Mentoring (hosted by UTM)
Variable Dates – register online through UTM website below

ACADEMIC AND LEARNING

Virtual Accountability Check-Ins (hosted by UTSG)
Weekly, Mondays 12 – 12:30 p.m. &
Fridays 3 – 3:30 p.m.

Accessibility Grad Writing Group (hosted by USTG)
Weekly, Wednesdays 10 a.m. – 12 p.m.

Accessibility Grad Productivity Group: Actually Work From Home! (hosted by UTSG)
Weekly, Tuesdays 10 a.m. – 12 p.m

AS Virtual Study Hubs (hosted by UTSG)
Mondays, 7 – 9 p.m.
Wednesdays, 1 – 3 p.m.
(with study space available at 455 Spadina Ave, Suite 401)

Group Learning Strategy Sessions (hosted by UTSG)
Wednesday, January 11, 11 a.m.:
Creating Structure and Finding Focus
Friday, January 13, 2 p.m.:
Building Motivation and Making Progress
Wednesday, January 18, 11 a.m.:
Working Through Perfectionism
Friday, January 20, 2 p.m.:
Creating Structure and Finding Focus
Wednesday, January 25, 11 a.m.:
Building Motivation and Making Progress
Friday, January 27, 2 p.m.:
Working Through Perfectionism
Wednesday, February 1 at 11 AM:
Creating Structure and Finding Focus
Friday, February 3, 2 p.m.:
Building Motivation and Making Progress
Wednesday, February 8, 11 a.m.:
Working Through Perfectionism

For more details, event descriptions, and registration information, please visit:
UTSG: accessibility.utoronto.ca
UTM: utm.utoronto.ca/accessibility/future-students/peer-mentor-learning-community
UTSC: utsc.utoronto.ca/ability/upcoming-events
Friday, February 10, 2 p.m.:  
Creating Structure and Finding Focus

Wednesday, February 15, 11 a.m.:  
Building Motivation and Making Progress

Friday, February 17, 2 p.m.:  
Working Through Perfectionism

Wednesday, February 22, 11 a.m.:  
Creating Structure and Finding Focus

Friday, February 24, 2 p.m.:  
Building Motivation and Making Progress

Wednesday, March 1, 11 a.m.:  
Working Through Perfectionism

Friday, March 3, 2 p.m.:  
Creating Structure and Finding Focus

Wednesday, March 8, 11 a.m.:  
Building Motivation and Making Progress

Friday, March 10, 2 p.m.:  
Working Through Perfectionism

Wednesday, March 15, 11 a.m.:  
Creating Structure and Finding Focus

Friday, March 17, 2 p.m.:  
Building Motivation and Making Progress

Wednesday, March 22, 11 a.m.:  
Working Through Perfectionism

Friday, March 24, 2 p.m.:  
Creating Structure and Finding Focus

Wednesday, March 29, 11 a.m.:  
Building Motivation and Making Progress

Friday, March 31, 2 p.m.:  
Working Through Perfectionism

Wednesday, April 5, 11 a.m.:  
Creating Structure and Finding Focus

Wednesday, April 12, 11 a.m.:  
Building Motivation and Making Progress

Friday, April 14, 2 p.m.:  
Working Through Perfectionism

Wednesday, April 19, 11 a.m.:  
Creating Structure and Finding Focus

Friday, April 21, 2 p.m.:  
Building Motivation and Making Progress

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Peer Mentor Learning Study Support Groups  
(hosted by UTM)  
Variable Dates – please see UTM website below

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LEARNING SKILLS WORKSHOPS

Active Study Methods Through Technology  
(hosted by UTSC)  
Tuesday, January 31, 11 a.m. – 12 p.m.

Accommodated Tests & Exams Process Workshop (hosted by UTSC)  
Wednesday, January 18, 5 – 6 p.m.

Building Mental Strength for Resiliency  
(hosted by UTSG)  
Tuesday, January 4, 2 – 3 p.m.

Wednesday, March 29, 12:30 – 1:30 p.m.

Drop-In Study Group  
(hosted by UTSC)  
Tuesday, February 21, 3 – 4 p.m.

Friday, February 24, 3 – 4 p.m.

Monday, April 3, 3 – 4 p.m.

Monday, April 10, 3 – 4 p.m.

Wednesday, April 12, 3 – 4 p.m.

Friday, April 14, 3 – 4 p.m.

Monday, April 17, 3 – 4 p.m.

Friday, April 21, 3 – 4 p.m.

Monday, April 24, 3 – 4 p.m.

Get Started Club  
(hosted by UTSG)  
Tuesday, February 14, 2 – 3 p.m.

Wednesday, March 15, 2 – 3 p.m.

Kurzweil3000 Refresher Workshop (hosted by UTSC)  
Friday, February 10, 11 a.m. – 12 p.m.
Peer Mentor Learning Community Interactive Workshops (hosted by UTM)
Variable Dates – please see UTM website below

Preparing for In-Person Tests and Exams (hosted by UTSG)
- Wednesday, February 8, 2 – 3 p.m.
- Thursday, April 6, 2 – 3 p.m.
- Wednesday, April 12, 2 – 3 p.m.

Preparing For & Writing Exams (hosted by UTSC)
- Tuesday, March 28, 3 – 4 p.m.

Reflective Planning & Realistic Goal Setting for the New Semester (hosted by UTSG)
- Thursday, January 19, 2 – 3 p.m.

Skill-Based Notetaking (hosted by UTSG)
- Tuesday, January 17, 1 – 3 p.m.
- Tuesday, February 7, 3 – 4 p.m.

Speaking to Power (hosted by UTSG)
- Friday, February 17, 11:30 a.m. – 1 p.m.

Time Management Workshops (hosted by UTSC)
- Tuesday, January 17, 3 – 4 p.m.
- Tuesday, February 7, 3 – 4 p.m.
- Thursday, February 23, 3 – 4 p.m.
- Tuesday, March 7, 3 – 4 p.m.

Understanding Your Course Syllabus (hosted by UTSG)
- Wednesday, January 11, 2 – 3 p.m.
- Monday, January 16, 2 – 3 p.m.

Using Reading Week Effectively (hosted by UTSG)
- Friday, February 17, 10:30 – 11:30 a.m.
- Tuesday, February 24, 1:30 – 2:30 p.m.

CONNECTING AND COMMUNITY

AccessAbility Services Student Socials (hosted by UTSC)
- Wednesday, January 25, 5 – 6:30 p.m.
- Wednesday, February 1, 5 – 6:30 p.m.
- Wednesday, February 22, 5 – 6:30 p.m.
- Wednesday, March 22, 5 – 6:30 p.m.
- Wednesday, April 12, 5 – 6:30 p.m.

ADHD Peer Connections (hosted by UTSG)
- Friday, January 13, 11 a.m. – 12 p.m.
- Friday, January 27, 11 a.m. – 12 p.m.
- Friday, February 10, 11 a.m. – 12 p.m.
- Friday, March 10, 11 a.m. – 12 p.m.
- Friday, March 24, 11 a.m. – 12 p.m.
- Friday, April 21, 11 a.m. – 12 p.m.

ASD Peer Connections for Women & Trans Students (hosted by UTSG)
- Monday, January 16, 10 – 11 a.m.
- Monday, January 30, 10 – 11 a.m.
- Monday, February 13, 10 – 11 a.m.
- Monday, February 27, 10 – 11 a.m.
- Monday, March 13, 10 – 11 a.m.
- Monday, March 27, 10 – 11 a.m.
- Monday, April 10, 10 – 11 a.m.
Dialogues for BIPOC Students with a Disability (hosted by UTSG)
Friday, January 13, 1 – 2 p.m.
Friday, February 10, 1 – 2 p.m.
Friday, March 10, 1 – 2 p.m.
Friday, April 14, 1 – 2 p.m.

Mental Health Peer Connections (hosted by UTSG)
Wednesday, January 11, 1 – 2 p.m.
Wednesday, January 25, 1 – 2 p.m.
Wednesday, February 8, 1 – 2 p.m.
Wednesday, March 8, 1 – 2 p.m.
Wednesday, March 22, 1 – 2 p.m.
Wednesday, April 5, 1 – 2 p.m.
Wednesday, April 19, 1 – 2 p.m.

Navigating U of T as a 2SLGBTQ+ Student with a Disability (hosted by UTSG)
Friday, January 20, 1 – 2 p.m.
Friday, February 17, 1 – 2 p.m.
Friday, March 24, 1 – 2 p.m.
Friday, April 21, 1 – 2 p.m.

Peer Mentor Learning Socials and Wellness Events (hosted by UTM)
Variable Dates – please see UTM website below

CAREERS

Ready to Work Series (hosted by UTSG)
Thursday, March 2
Thursday, March 9
Thursday, March 16
Thursday, March 23
Welcome to Accessibility Services! We provide a range of programming to support learning, problem-solving & inclusion. Meet with learning strategists, accessibility advisors & upper-year peers registered with our office. Dates and times are subject to change, so please visit our website for current information: accessibility.utoronto.ca

CONTACT INFORMATION
Phone: 416-978-8060
Email: accessibility.services@utoronto.ca
Website: accessibility.utoronto.ca