

STUDENT
LIFE

Accessibility
Services

WE HELP REMOVE BARRIERS.

Events & programming calendar
January 2023 - March 2023



GENERAL

Access Us Peer Mentorship Program (hosted by UTSG)

Variable Dates - register online through UTSG website below

Peer Advisor Drop-Ins (hosted by UTSG)

Mondays - Wednesdays, 11 a.m. – 3 p.m. -

Online through www.studentlife.utoronto.ca/as

Thursdays and Fridays, 11 a.m. – 3 p.m. -

In-Person at 455 Spadina Ave, Suite 400

Peer Mentor Learning Community One-on-One Mentoring (hosted by UTM)

Variable Dates – register online through UTM website below

ACADEMIC AND LEARNING

Virtual Accountability Check-Ins (hosted by UTSG)

Weekly, **Mondays** 12 – 12:30 p.m. &

Fridays 3 – 3:30 p.m.

Accessibility Grad Writing Group (hosted by USTG)

Weekly, **Wednesdays** 10 a.m. – 12 p.m.

Accessibility Grad Productivity Group: Actually Work From Home! (hosted by UTSG)

Weekly, **Tuesdays** 10 a.m. – 12 p.m

AS Virtual Study Hubs (hosted by UTSG)

Mondays, 7 – 9 p.m.

Wednesdays, 1 – 3 p.m.

(with study space available at 455 Spadina Ave, Suite 401)

Group Learning Strategy Sessions (hosted by UTSG)

Wednesday, January 11, 11 a.m.:

Creating Structure and Finding Focus

Friday, January 13, 2 p.m.:

Building Motivation and Making Progress

Wednesday, January 18, 11 a.m.:

Working Through Perfectionism

Friday, January 20, 2 p.m.:

Creating Structure and Finding Focus

Wednesday, January 25, 11 a.m.:

Building Motivation and Making Progress

Friday, January 27, 2 p.m.:

Working Through Perfectionism

Wednesday, February 1 at 11 AM:

Creating Structure and Finding Focus

Friday, February 3, 2 p.m.:

Building Motivation and Making Progress

Wednesday, February 8, 11 a.m.:

Working Through Perfectionism

For more details, event descriptions, and registration information, please visit:

UTSG: accessibility.utoronto.ca

UTM: utm.utoronto.ca/accessibility/future-students/peer-mentor-learning-community

UTSC: utsc.utoronto.ca/ability/upcoming-events

Friday, February 10, 2 p.m.:

Creating Structure and Finding Focus

Wednesday, February 15, 11 a.m.:

Building Motivation and Making Progress

Friday, February 17, 2 p.m.:

Working Through Perfectionism

Wednesday, February 22, 11 a.m.:

Creating Structure and Finding Focus

Friday, February 24, 2 p.m.:

Building Motivation and Making Progress

Wednesday, March 1, 11 a.m.:

Working Through Perfectionism

Friday, March 3, 2 p.m.:

Creating Structure and Finding Focus

Wednesday, March 8, 11 a.m.:

Building Motivation and Making Progress

Friday, March 10, 2 p.m.:

Working Through Perfectionism

Wednesday, March 15, 11 a.m.:

Creating Structure and Finding Focus

Friday, March 17, 2 p.m.:

Building Motivation and Making Progress

Wednesday, March 22, 11 a.m.:

Working Through Perfectionism

Friday, March 24, 2 p.m.:

Creating Structure and Finding Focus

Wednesday, March 29, 11 a.m.:

Building Motivation and Making Progress

Friday, March 31, 2 p.m.:

Working Through Perfectionism

Wednesday, April 5, 11 a.m.:

Creating Structure and Finding Focus

Wednesday, April 12, 11 a.m.:

Building Motivation and Making Progress

Friday, April 14, 2 p.m.:

Working Through Perfectionism

Wednesday, April 19, 11 a.m.:

Creating Structure and Finding Focus

Friday, April 21, 2 p.m.:

Building Motivation and Making Progress

Peer Mentor Learning Study Support Groups (hosted by UTM)

Variable Dates – please see UTM website below



LEARNING SKILLS WORKSHOPS

Active Study Methods Through Technology (hosted by UTSC)

Tuesday, January 31, 11 a.m. – 12 p.m.

Accommodated Tests & Exams Process Workshop (hosted by UTSC)

Wednesday, January 18, 5 – 6 p.m.

Building Mental Strength for Resiliency (hosted by UTSG)

Tuesday, January 4, 2 – 3 p.m.

Wednesday, March 29, 12:30 – 1:30 p.m.

Drop-In Study Group (hosted by UTSC)

Tuesday, February 21, 3 – 4 p.m.

Friday, February 24, 3 – 4 p.m.

Monday, April 3, 3 – 4 p.m.

Monday, April 10, 3 – 4 p.m.

Wednesday, April 12, 3 – 4 p.m.

Friday, April 14, 3 – 4 p.m.

Monday, April 17, 3 – 4 p.m.

Friday, April 21, 3 – 4 p.m.

Monday, April 24, 3 – 4 p.m.

Get Started Club (hosted by UTSG)

Tuesday, February 14, 2 – 3 p.m.

Wednesday, March 15, 2 – 3 p.m.

Kurzweil3000 Refresher Workshop (hosted by UTSC)

Friday, February 10, 11 a.m. – 12 p.m.

Peer Mentor Learning Community Interactive Workshops (hosted by UTM)

Variable Dates – please see UTM website below

Preparing for In-Person Tests and Exams (hosted by UTSG)

Wednesday, February 8, 2 – 3 p.m.

Thursday, April 6, 2 – 3 p.m.

Wednesday, April 12, 2 – 3 p.m.

Preparing For & Writing Exams (hosted by UTSC)

Tuesday, March 28, 3 – 4 p.m.

Reflective Planning & Realistic Goal Setting for the New Semester (hosted by UTSG)

Thursday, January 19, 2 – 3 p.m.

Skill-Based Notetaking (hosted by UTSG)

Tuesday, January 17, 1 – 3 p.m.

Tuesday, February 7, 3 – 4 p.m.

Speaking to Power (hosted by UTSG)

Friday, February 17, 11:30 a.m. – 1 p.m.

Time Management Workshops (hosted by UTSC)

Tuesday, January 17, 3 – 4 p.m.

Tuesday, February 7, 3 – 4 p.m.

Thursday, February 23, 3 – 4 p.m.

Tuesday, March 7, 3 – 4 p.m.

Understanding Your Course Syllabus (hosted by UTSG)

Wednesday, January 11, 2 – 3 p.m.

Monday, January 16, 2 – 3 p.m.

Using Reading Week Effectively (hosted by UTSG)

Friday, February 17, 10:30 – 11:30 a.m.

Tuesday, February 24, 1:30 – 2:30 p.m.



CONNECTING AND COMMUNITY

AccessAbility Services Student Socials (hosted by UTSC)

Wednesday, January 25, 5 – 6:30 p.m.

Wednesday, February 1, 5 – 6:30 p.m.

Wednesday, February 22, 5 – 6:30 p.m.

Wednesday, March 22, 5 – 6:30 p.m.

Wednesday, April 12, 5 – 6:30 p.m.

ADHD Peer Connections (hosted by UTSG)

Friday, January 13, 11 a.m. – 12 p.m.

Friday, January 27, 11 a.m. – 12 p.m.

Friday, February 10, 11 a.m. – 12 p.m.

Friday, March 10, 11 a.m. – 12 p.m.

Friday, March 24, 11 a.m. – 12 p.m.

Friday, April 21, 11 a.m. – 12 p.m.

ASD Peer Connections for Women & Trans Students (hosted by UTSG)

Monday, January 16, 10 – 11 a.m.

Monday, January 30, 10 – 11 a.m.

Monday, February 13, 10 – 11 a.m.

Monday, February 27, 10 – 11 a.m.

Monday, March 13, 10 – 11 a.m.

Monday, March 27, 10 – 11 a.m.

Monday, April 10, 10 – 11 a.m.

**Dialogues for BIPOC
Students with a Disability
(hosted by UTSG)**

Friday, January 13, 1 – 2 p.m.

Friday, February 10, 1 – 2 p.m.

Friday, March 10, 1 – 2 p.m.

Friday, April 14, 1 – 2 p.m.

**Mental Health Peer Connections
(hosted by UTSG)**

Wednesday, January 11, 1 – 2 p.m.

Wednesday, January 25, 1 – 2 p.m.

Wednesday, February 8, 1 – 2 p.m.

Wednesday, March 8, 1 – 2 p.m.

Wednesday, March 22, 1 – 2 p.m.

Wednesday, April 5, 1 – 2 p.m.

Wednesday, April 19, 1 – 2 p.m.

**Navigating U of T as a 2SLGBTQ+
Student with a Disability
(hosted by UTSG)**

Friday, January 20, 1 – 2 p.m.

Friday, February 17, 1 – 2 p.m.

Friday, March 24, 1 – 2 p.m.

Friday, April 21, 1 – 2 p.m.

**Peer Mentor Learning Socials
and Wellness Events
(hosted by UTM)**

Variable Dates – please see UTM website below

**Peer Mentor Learning Socials
and Wellness Events
(hosted by UTM)**

Variable Dates – please see UTM website below

**SASA (Social Association
for Students with ASD)
(hosted by UTSG)**

Friday, January 27, 1 – 2:30 p.m.

Friday, February 17, 1 – 2:30 p.m.

Friday, March 17, 1 – 2:30 p.m.

Friday, April 14, 1 – 2:30 p.m.



CAREERS

**Ready to Work Series
(hosted by UTSG)**

Thursday, March 2

Thursday, March 9

Thursday, March 16

Thursday, March 23

A top-down view of a student with long brown hair in a ponytail, wearing a white t-shirt with red and blue stripes on the sleeves. She is sitting at a wooden desk. On the desk, there is a purple laptop, a pink notebook, a yellow sticky note, a yellow highlighter, and a spiral notebook. The background is a wooden floor.

**STUDENT
LIFE**

**Accessibility
Services**

Welcome to Accessibility Services! We provide a range of programming to support learning, problem-solving & inclusion. Meet with learning strategists, accessibility advisors & upper-year peers registered with our office. Dates and times are subject to change, so please visit our website for current information: accessibility.utoronto.ca

CONTACT INFORMATION

Phone: 416-978-8060

Email: accessibility.services@utoronto.ca

Website: accessibility.utoronto.ca