Academic Success offers a wide variety of ways to connect, depending on your needs and preferences.

Would you like real-time guidance or to explore at your own pace?

Our services are open to all students. If a program has eligibility requirements, it will be specified in the description, which can be found on our events calendar and on CLNx.

In real time			At my own pace	
With a group Student Life event calendar or clnx.utoronto.ca		With one person clnx.utoronto.ca		Time commitmen
Time commitment	Appointment type	Time commitment	Academic Resource Library uoft.me/resourcelibrary These AODA-compliant PDF handouts offer practical tips that are easy to follow.	2–4 minutes each
60–90 minutes	Academic peer mentor uoft.me/academicmentors For your first appointment, try starting with a peer mentor consultation.	30 minutes	Study Strategies Library uoft.me/studystrategies A collection of webpages on topics like managing projects, talking with professors or rebooting after a setback.	2–4 minutes each
Programs 60–90 minutes uoft.me/academicevents per session Some programs invite you to attend any session, while others have cohorts and ask for regular attendance. Some programs require a 4–6-week commitment. Some programs require a 4–6-week	Learning strategist uoft.me/learningstrategists Book one, 50-minute appointment at a time (max two per week).	50 minutes	Study Skills eBook collection uoft.me/StudySkillseBooks A collection of eBooks curated by our team of educators, coaches and learning strategists.	3–5 days per title
	Learning strategist on location uoft.me/learningstrategists 50-minute appointments are also bookable through your college registrar if you're an Arts and Science undergrad student, or through your faculty registrar if you're at the Faculty of Kinesiology & Physical Education or the Faculty of Medicine.	50 minutes	Study Skills audiobook collection utltoronto.overdrive.com (Go to Collections > Academic Success) Enjoy some food for thought while working out or working on a project.	3–5 days per title
2 hours			"Five Keys to Success" noncredit course uoft.me/5Keys Learn to manage stress, build productivity habits and study effectively.	2–4 hours
2–2.5 hours		1	·	
	toronto.ca Time commitment 60–90 minutes 60–90 minutes sper session Some programs require a 4–6-week commitment. 2 hours	toronto.caWith one person clnx.utoronto.caTime commitmentAppointment type60–90 minutesAcademic peer mentor uoft.me/academicmentors For your first appointment, try starting with a peer mentor consultation.60–90 minutes per sessionLearning strategist uoft.me/learningstrategists Book one, 50-minute appointment at a time (max two per week).Some programs re- quire a 4–6-week commitment.Learning strategist uoft.me/learningstrategists 50-minute appointments are also bookable through your college registrar if you're an Arts and Science undergrad student, or through your faculty registrar if you're at the Faculty of Kinesiology & Physical Education or the Faculty of Medicine.	woronto.caWith one person clnx.utoronto.caTime commitmentAppointment typeTime commitment60–90 minutesAcademic peer mentor uoft.me/academicmentors. For your first appointment, try starting with a peer mentor consultation.30 minutes60–90 minutesLearning strategist uoft.me/learningstrategists Book one, 50-minute appointment at a time (max two per week).50 minutesSome programs re- quire a 4–6-week commitment.Learning strategist on location uoft.me/learningstrategists 50-minute appointments are also bookable through your college registrar if you're an Arts and Science undergrad student, or through your faculty registrar if you're at the Faculty of Kinesiology & Physical Education or the Faculty of Medicine.50 minutes	With one person cinxutoronto.ca Resource and format Time commitment Appointment type Time commitment Academic Resource Library uoft.me/resourceLibrary 60–90 minutes Academic peer mentor uoft.me/academicmentors 30 minutes Study Strategies Library uoft.me/studystrategies 60–90 minutes Academic peer mentor uoft.me/academicmentors 30 minutes Study Strategies Library uoft.me/studystrategies 60–90 minutes per session Learning strategist uoft.me/learningstrategists 30 minutes Study Skills eBook collection uoft.me/studySkillseBooks Some programs re- quire a 4–6-week commitment. Learning strategists 50 minutes Study Skills eBook collection uoft.me/learningstrategists. Some programs re- quire a 4–6-week commitment. Learning strategists on location uoft.me/learningstrategists 50 minutes Study Skills audiobook collection uoft.me/studySkillseBooks A collection of eBooks curated by our team of educators, coaches and learning strategists. 2 hours For your fixet appointments are also bookable through your college registrar if you're an Arts and Science undergrad student, or through your faculty registrar if you're at the Faculty of Kinesiology & Physical Education or the Faculty of Medicine. "Five Keys to Success" noncredit course uoft.me/SKeys 2 hours For your fixet spession Study Skills audiobook to your faculty registrari you're a tub

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for students in graduate and professional programs, facilitated by trained peers.